



# Cyber Bullying.

Technolgy Addictions in Adolescents.

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Spanish presentation.



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# Cyber Bullying

## Definition.

Is the use of social networks to harass a person or group of people, through personal attacks, disclosure of confidential or false information among other means.



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# Cyber Bullying

## Psychological dangers.



- Truancy.
- Abuse in consumption of substances harmful to health.
- Depression and other psychological problems.
- Low self-esteem development.
- Changes in behavior.
- Impaired relationships with their parents.
- Suicide.



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# Cyber Bullying

## Current situation in Spain.



In the last year, cases of bullying have been reduced, but those that remain are the toughest and longest in time, and the number of cases of cyberbullying rises.

One of the government's advice is to control children when they start using social networks and make them aware of how dangerous it is to notify urgently in case it happens.



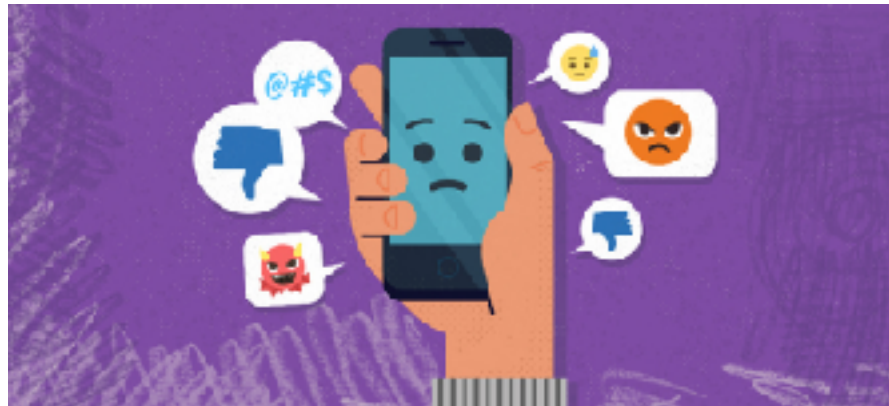
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# Cyber Bullying

## Trips to avoid it.

- Communicate appropriately.
- Keep private things private.
- Respect others.
- Don't lie, steal or cheat.
- Think before posting, sending messages and sharing.
- Report bad behaviors.





# Thank you for your attention.



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